

Developing Your Intuition – You Already Know The Answer

In-Studio Workshop | Saturday, December 9th 11-12:30 PM

with Debby Krenz, Educator



Do you sometimes have trouble trusting your own inner knowing?

Would you like to learn how to allow your inner voice to come through loud and clear and to have enough confidence to follow that guidance?

What will you experience during this workshop?

- Learn how to quiet your mind and listen to your inner voice
- Discern your thoughts from your gut to gain confidence in your perceptions
- Develop skills to read the energy of people & places
- Experience some fun exercises to hone in your skills

Debby will also share her own valuable tips that she uses on a daily basis to stay in touch with that sixth sense.

Finally, some divination techniques that may be of help to you will be demonstrated.

It is a timely, very important subject – as our world is going through major changes, so are we and staying close to our soul voice is our rudder as we navigate stormy waters.

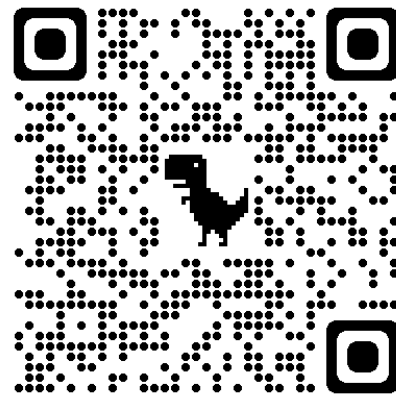
Remember: “You already know the answer”.



with Debby Krenz, Educator & Certified Angel Guide

More Details + Register Here:
www.5koshasyoga.com/events

Easy Way to Register: Put phone camera up scan the QR Code below to register.



FEE: \$25 before December 8th Discount Code: INNER5 \$30 after December 8th

In-studio classes have LIMITED spacing available 20 spots total. Invite your favorite people to join you for a fun workshop!

What to Bring? Bring a pen and paper or journal.

Questions? Contact The 5 Koshas Team at office@5koshasyoga.com
Contact Debby at dlnk88keys@gmail.com