

In-Studio Belly Dance 3-Week Summer Series:

FatChanceBellyDance®

Tuesday, July 14th – July 28th | 6:30-8 PM



This Summer 3-Week Series will focus on FatChanceBellyDance® Style group improvisation.

What is FatChanceBellyDance®?

This is a dynamic format blends Middle Eastern dance roots with contemporary world-dance styles, connection, and community.

What will you learn and experience?

You'll learn the fundamentals of:

- Posture & Zils (Finger Cymbals)
- FCBD Movement & Vocabulary
- Dancer communication cues to create seamless improvisation in the moment

Each week builds your confidence in:

- Technique
- Musicality
- Group awareness
- Guided combination to dance together

Everyone is welcome to register!

No prior Belly Dance experience required! All bodies and backgrounds welcome to join.

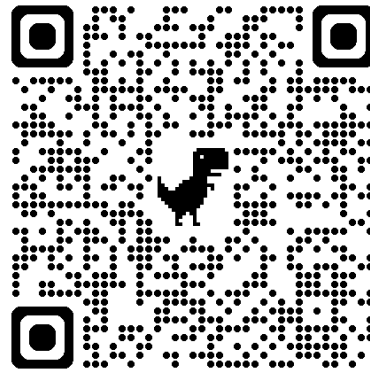
What to wear & bring?

- Wear comfortable clothing easy to move in.
- Dancers are encouraged to practice barefoot or wear dance socks.
- Bring a water bottle to stay hydrated in class.
- Please bring a set of 4 Finger Cymbals (Zils). Purchase link in registration page!



Anna Nummelin,
Dance Instructor

Easy Ways to Register: Put phone camera up to the QR Code below. A link will appear on your phone screen. Tap on the link & you'll be directed to the registration page.



FEE: \$42 for In-Studio Summer 3-Week FatChanceBellyDance® series.

In-studio classes have LIMITED spacing available 26 spots total. **Pre-registration is required prior to attending.**

These are In-Studio only classes with no video recording.

Questions? Contact The 5 Koshas Team at office@5koshasyoga.com

Photo Credit: Ann & Lee Photography